**JULY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>16th</td>
<td>Newsletter home</td>
</tr>
<tr>
<td>20th</td>
<td>College Council &amp; sub-committees 7pm</td>
</tr>
<tr>
<td>22nd</td>
<td>2016 Subject selection packs handed out to Year 9,10,11 students</td>
</tr>
<tr>
<td>24th</td>
<td>Campaspe Youth Leadership Training</td>
</tr>
<tr>
<td>29th</td>
<td>2016 Subject Selection Night—N Block Foyer 6.00 - 7.00 pm</td>
</tr>
<tr>
<td>30th</td>
<td>Newsletter home</td>
</tr>
</tbody>
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**AUGUST**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd</td>
<td>VCAL &amp; Fast track applications due. VTAC Applications open</td>
</tr>
<tr>
<td>3rd –14th</td>
<td>Subject Selection Interviews (Parents welcome)</td>
</tr>
<tr>
<td>6th</td>
<td>Year 7-9 Indigenous Workshops</td>
</tr>
<tr>
<td>7th</td>
<td>Year 9 CFA Excursion - Seymour</td>
</tr>
<tr>
<td>14th</td>
<td>Subject selections due</td>
</tr>
</tbody>
</table>

The Year 8 Netball team had a great day competing at Shepparton late last term. Read about it on page 18.
The Year 10s were experiencing the World of Work late last term, see what they did on pages 8, 9, 10 & 11. Shanae Baldwin had a fabulous time at the Rushworth Kinder & Childcare.
News from the Principal....

Dear families,

Welcome back to the school routine for the start of Term 3 and I must say the weather hasn’t let us down with a traditional winter, cold and wet blast for the start of term. Despite the challenges of cold weather it has been wonderful to see our students quickly move back into the school routine and hear of the significant number of students being recognised at the start of term for being prepared to learn, completing holiday homework and having all their materials ready for work this week.

With the commencement of the new term we welcome back Mr Greg Hutchison after a term touring around Europe and we also extend a warm welcome to new team member, Miss Larissa Carr who is taking Physical Education P-8 and Year 10, and VCAL. It has also been a pleasure to welcome new students Maima (Year 9) and Josh (Year 7), we look forward to a long and positive relationship with you and your families over the years ahead.

The first half of our year has been all about setting our strategic direction and building a road map to support our students, staff and College community to continue improving over the years ahead. This work is now sitting with College Council for final endorsement before being submitted to Regional Office of the Department of Education and Training for their final endorsement. Whilst we await these final endorsements our staff team will be continuing with the work we have identified and during Term 3 we will see a real focus on the following areas:

- **Student Voice** - While student involvement in schools through leadership opportunities and the Student Representative Council are not new, it is recognised that strong learning outcomes occur when students have a voice in the what and how they learn, which is then implemented in their school. The college will be developing systems and channels to ensure that students understand the features of effective learning and teaching, giving them the skills and knowledge to directly influence curriculum and pedagogy.

- **Personalised Learning** - Rushworth is taking advantage of its strengths as a small school and harnessing excellent teacher student ratios to ensure that differentiation occurs within every classroom. This method of teaching considers the students interests, abilities and pathways in ensuring that learning is relevant and right for them. The college will be evaluating a range of approaches to learning that build upon the development of authentic student voice in curriculum teaching and learning to ensure that the work occurring in classrooms is targeted to support individuals in the area that they are able to engage further and make the most progress in their learning.

- **Community Engagement** - Rushworth has a close and supportive community, and as an educational hub responsible for the development and growth of young people in the community from the beginning to the end of their primary and secondary education, it is critical that we harness the best resources of the town so that the benefits of education can be maximized and in turn strengthen the families and businesses in the local area. Community engagement allows students to increase their network of positive professional relationships and experience authentic learning opportunities.

One of our key improvement strategies introduced this year is PBIS (Positive Behaviour Interventions & Supports) which was built in 2014 and rolled out at the start of 2015. PBIS is providing our staff, students and communities with a system to support and build on the positive behaviours our students regularly demonstrate and that we want to foster, as well as providing a clear framework for students who struggle to meet and demonstrate our expectations. A key component of this work is our Expectation Matrix, the 3R’s of Rushworth P-12, Respectful Responsible and Resilient. You can see a copy of our matrix on page 6 of this week’s newsletter as a reminder to all families of what our expectation at the College are and the behaviours that students will be reinforced for demonstrating. Students demonstrating our expectations and behaviours receive a ‘Rush Card’, congratulations to our draw winners from Term 2, listed later in this newsletter.

Our “Rush Card” is presented regularly to students demonstrating our PBIS expectations - Be Respectful, Be Responsible, Be Resilient at the College.
Whilst talking about PBIS, congratulations to our PBIS Team who have been selected as one of twelve schools to present at the State-wide PBIS Showcase being held at the MCG in August. Our team will share our journey of collectively developing expectations with our broader College Community. It is great to see our consistent approach and ongoing work being recognised and is just another step towards "Positive Community, Positive Outcomes."

Have a fantastic fortnight ahead and don’t forget to celebrate the achievements of your son and daughter. Check out the great post on our Facebook Page about "Giving Good Praise to Girls."

Kind regards, Brad Moyle, Principal

2016 Subject Selection Night
Wednesday 29th July
6pm - 7pm
Foyer of N Block, at the College.

Come along and find out what subjects we will have to offer your Year 9, 10 & 11 student in 2016.

From this event families and students will be able to gather all the appropriate information to make informed decisions about the subjects they wish to choose and pathways they are passionate about.

We look forward to seeing you all at this important event.
Letters have gone home to all families required.
**PBIS Positive Behaviours**

The following students have been recognised for displaying one or all of the College’s three expectations, **Be Respectful**, **Be Responsible** and **Be Resilient** recently.

### Week 11 (26th June):

<table>
<thead>
<tr>
<th>Winner</th>
<th>Nominated by</th>
<th>For being</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kody Diegan</td>
<td>Mr Baker</td>
<td>Responsible</td>
</tr>
<tr>
<td>Alex Gelsi</td>
<td>Mr Daws</td>
<td>Responsible</td>
</tr>
<tr>
<td>Annalise Boyd</td>
<td>Ms McMillan</td>
<td>Respectful</td>
</tr>
<tr>
<td>Phoebe Stewart</td>
<td>Ms Strahan-Hatton</td>
<td>Responsible</td>
</tr>
<tr>
<td>Chelsea Roberts</td>
<td>Ms Cray</td>
<td>Resilient</td>
</tr>
</tbody>
</table>

### Month (June):

<table>
<thead>
<tr>
<th>Winner</th>
<th>Nominated by</th>
<th>For being</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alex Gelsi</td>
<td>Mr Daff</td>
<td>Responsible</td>
</tr>
<tr>
<td>Kody Diegan</td>
<td>Ms O’Toole</td>
<td>Responsible</td>
</tr>
<tr>
<td>Holly Sharples</td>
<td>Ms McMillan</td>
<td>Responsible</td>
</tr>
<tr>
<td>Maya Barlow</td>
<td>Mr Mongan</td>
<td>Responsible</td>
</tr>
<tr>
<td>Jay-Leigh Meguyer</td>
<td>Ms Flynn</td>
<td>Respectful</td>
</tr>
</tbody>
</table>

### Term 2 Winners:

<table>
<thead>
<tr>
<th>Winner</th>
<th>Nominated by</th>
<th>For being</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phoebe Stewart</td>
<td>Mrs Carroll</td>
<td>Responsible</td>
</tr>
<tr>
<td>Andrew Gelsi</td>
<td>Mr Daws</td>
<td>Respectful</td>
</tr>
<tr>
<td>Brandon May</td>
<td>Ms Klinberg</td>
<td>Responsible</td>
</tr>
<tr>
<td>Bradley Kromek</td>
<td>Mr Daff</td>
<td>Responsible</td>
</tr>
<tr>
<td>Haylee Marshall</td>
<td>Ms O’Toole</td>
<td>Responsible</td>
</tr>
</tbody>
</table>
Dear members of the Rushworth P-12 Community,

I am proud to introduce the first of a regular newsletter column with a focus on student wellbeing in the college and the community. In every Perspective, I will cover issues and topics that are relevant to the mental health, resilience, strengths and emotions of our pupils, and how we can work together to ensure that we maintain our vision of “Positive Community, Positive Outcomes”.

While learning has always been seen as the primary purpose of school, it has often focused on building knowledge, cognitive skills and academic achievement. Meanwhile, student wellbeing has often only been relevant to supporting students with mental health issues. Yet being mentally healthy is not the same as being free from mental illness. Current research is showing that when students are actively taught to be emotionally literate, when they are given prosocial strategies and taught how they can use their strengths, the increase in their wellbeing results in greater academic achievement. The purpose of education therefore, should be a holistic development of both academic and social-emotional skills and knowledge. As adults we know that coping with the change and unpredictability that can occur in life is not something that can be supported by academic learning alone. We want to ensure that we build a positive sense of self, resilience and responsible decision-making in students so they can make the most of the opportunities provided by the quality teaching and learning at Rushworth P-12.

Social Emotional Learning (SEL) acknowledges that part of our purpose as educators is to ensure that students can identify and regulate their emotions and work effectively in teams and other social relationships. This knowledge is invaluable to the workplace, to be a productive member of the community, and to general life satisfaction. In the same way that we want to educate students to think for themselves, we also want them to be able to feel for themselves. I am currently in the process of forming a team comprised of staff, students and parents to develop SEL in the college and would like to invite parents and carers to contact me if they would like to find out more or join this team.

I would also be interested in hearing from you regarding topics of interest relevant to student wellbeing that I can explore within this column. What issues have you seen your children face that could be supported by social emotional learning? What skills would you like your child to have that can help them make the most of their learning now and in the future? I welcome emails to rushworth.p12@edumail.vic.gov.au or through our Facebook page.

Kind Regards

Peter Bovell

Assistant Principal
## 3R's of Rushworth P-12

<table>
<thead>
<tr>
<th>Area</th>
<th>Be Respectful</th>
<th>Be Responsible</th>
<th>Be Resilient</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Learning Areas</strong></td>
<td>Use kind words to others</td>
<td>Follow directions and routines</td>
<td>Always do your best</td>
</tr>
<tr>
<td></td>
<td>Listen carefully and work co-operatively</td>
<td>Strive to complete set work</td>
<td>Accept consequences for your actions</td>
</tr>
<tr>
<td></td>
<td>Care for other people &amp; their belongings</td>
<td></td>
<td>Ask questions to help you learn</td>
</tr>
<tr>
<td><strong>Outside Areas</strong></td>
<td>Use kind words to others</td>
<td>Follow directions and routines</td>
<td>Display sportsmanship</td>
</tr>
<tr>
<td></td>
<td>Keep hands and feet to yourself</td>
<td>Return to class on time</td>
<td>Interact with other people</td>
</tr>
<tr>
<td></td>
<td>Keep our school clean</td>
<td>Return equipment and lost property</td>
<td>Think before you act</td>
</tr>
<tr>
<td><strong>Toilets</strong></td>
<td>Respect others privacy</td>
<td>Report problems</td>
<td>Wait your turn</td>
</tr>
<tr>
<td></td>
<td>Turn off water in the sink</td>
<td>Use toilet paper properly</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Consider the next user</td>
<td>Flush toilet and wash hands</td>
<td></td>
</tr>
<tr>
<td><strong>Buses</strong></td>
<td>Keep the aisle clear</td>
<td>Obey bus rules</td>
<td>Wait your turn</td>
</tr>
<tr>
<td></td>
<td>Use your manners</td>
<td>Report concerns to responsible adult</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Care for others</td>
<td>Clean up after yourself</td>
<td></td>
</tr>
<tr>
<td>**Hallways/Foyer/Stadium/</td>
<td>Use kind words to others</td>
<td>Follow directions and routines</td>
<td>Interact with other people</td>
</tr>
<tr>
<td>Canteen (Common Areas)**</td>
<td>Use inside voice</td>
<td>Head directly to your destination</td>
<td>Think before you act</td>
</tr>
<tr>
<td></td>
<td>Wait patiently in line</td>
<td>Walk in common areas</td>
<td></td>
</tr>
<tr>
<td><strong>Community</strong></td>
<td>Care for the environment</td>
<td>Clean up after yourself</td>
<td>Always do your best</td>
</tr>
<tr>
<td></td>
<td>Take pride in how you present yourself</td>
<td>Model good behaviour</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Show kindness to others</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*College Values: Be Respectful, Be Responsible, Be Resilient*
New look in the P-4 unit

The Prep-Four students have worked very hard to organise their classrooms ready to open the doors to create the open learning space. It was fantastic to see all students involved in the move and helping each other and taking on different roles during the move. A big thankyou to Dean and Miss Mc McMillan for helping us to open the doors to our new learning environment.

Students are responding very well to their new, open learning environment in the P-4 Unit.
On my weeks’ worth of Work Experience I went to the Bendigo Tennis Centre and worked with the General Manager of the club, Leon Retallick. Throughout the week I took part in many jobs but mostly preparation for a tournament the club was hosting the following week which happened to be the biggest they’d ever hosted. Some of the jobs I completed was working at the kiosk, playing tennis matches with veterans and coaches, assisting in organising the draws for the tournament, helping prepare for the night competitions they host, maintenance work around the courts, packing and stacking show-bags for the players and going around to the different stores and shops for promotional vouchers to put in the show-bags. Most of all I got to witness what it’s like to run a business, how busy it can all of the sudden get and the patience needed to actually take charge. I really enjoyed my week and got to meet a variety of people and coaches who were very welcoming and patient in helping me learn about the different jobs that are needed in order for the organisation to run. I really enjoyed my week of Work Experience and I’d like to thank the Bendigo Tennis Club for having me for the week, especially Leon for introducing me to the world of work. Also Kerrie and Mr. Baker for helping organise the week and preparing all the necessary requirements for us to actually go out and work.

Ryan Young

On the 15th of June my Year 10 Work Experience took place at the Northern Hospital in Melbourne. Throughout the week I observed several departments at the hospital, some of those included the Short Stay unit, Maternity, Special Care Nursery, and Plaster room. My supervisor was kind enough to allow me to experience a number of everyday things, and gave me the opportunity to have my arm plastered for the first time, to hold a premature baby and visit with patients they had to care for. I enjoyed being able to observe the University students when they were answering questions, and learning new information. It taught me a lot of what was to be expected of me if I decide to pursue a career in Nursing.

Karissa Phelan

I went to the Mooroopna Vet Clinic for my work experience. On the first day my host employer showed me around the clinic and explained what happened in each room, and the safety concerns that were involved. During the day I observed two surgeries, a lump removal and a castration. I was also involved in re-stocking the surgery, walking patients and general cleaning around the clinic. Throughout the rest of the week I observed many different surgeries, such as castrations, dental (tooth removal and cleaning), ear flushes and a dog spleen removal. I learnt how to give an animal an antibiotic needle, how to safely clean and use the surgical instruments. I was shown how to unpack an order, and make sure that everything ordered was delivered. The nurses at the clinic showed me how to correctly hold, and look after the various animals that came into the clinic. I believe my week at the clinic was very successful and I have learnt many valuable skills. I now know for sure that becoming a Veterinary Nurse is what I want to do as my career.

Taylor Cornford

I had my Year 10 Work Experience at the Echuca Police Station. Throughout the week I was given a tour around the station and I observed the Police Officers in the watch house. I had the opportunity to attend the Magistrates Court, one of the officers showed me the process of what happens when prisoners come from Melbourne to court. The next day I observed two prisoners being transferred form Melbourne for court, I was observing the Police Officers guarding the prisoners. I spent most of the next day with the admin staff looking at their duties and what a ‘brief of evidence’ was, learning how many different charges there were. On my last day I spent most of it with the station sergeant, I helped him to update the station records. We looked at the property/drug store room. I was allowed to take the bullets out of the magazines and hold those different types of weapons. This experience gave me the opportunity to see what happens as a Police Officer and what it takes to become one.

Madison Kromek

I was on Work Experience at Friar’s Café in Shepparton. They showed me around the café and introduced me to all the staff. The first day I worked in the kitchen, I learnt new cutting techniques and I observed how they all worked together. Over the next couple of days I worked at the front of the café, I mostly cleaned tables, washed dishes and took out orders, including...
drinks. I also had to polish the cutlery. On my last day I helped one of the chef’s with a catering order, it was fun to do as I learnt new techniques and skills. Overall I had a fantastic time!

Jess Hamilton

My week of work started off, we went to Seymour to put in a septic tank. On that day we went off to Reece’s to pick up 17 lengths of pipe to connect to the septic tank. On the second day we did all sorts of jobs around Murchison—the places we worked included the Kinder, Primary school and various houses. For the rest of the we worked in Murchison at various houses. I really enjoyed working with Jacob Ewart and he taught me a lot of things about plumbing and was a great instructor.

Jac Barrett

Although I didn’t venture far with my Work Experience by completing it on my own farm, I thoroughly enjoyed my experience, which opened my eyes to the possibility of a career in Agriculture. I spent the week shadowing my dad, who showed me the in’s and out’s of a career in farming. I completed many tasks and jobs such as checking and feeding livestock, washing machinery, mending fences and helping with mulesing. My interest in farming contributed to my performance and enjoyment of the week and I am looking forward to next year when I can further explore a future in agriculture.

Zoe McIntosh

For my Work Experience I went to the 5th/6th Royal Victorian Regiment in Hawthorn, Melbourne. It was really good. On the first day we all sat through three PowerPoint presentations for a sort of induction. Then we went outside and went through the F-88 Styer and all its parts and proper procedures. Day 2, we went to Watsonia barracks and had a go at the Weapons Training Simulator (or WeTS). Then we got homework—to have a 5 minute presentation on something Military related by Thursday. On Wednesday we had some guest speakers come and talk about life in the Army. Thursday we had our presentations and that took up most of the day. Afterwards, we went outside and worked on camouflage and concealment. Friday, we went back to Watsonia Barracks and did some orienteering. That was my Work Experience week.

Lachlan Sitters

Oliver Rathjen had a great week at St. Mary’s Primary School.
Top left - clockwise: Katie Harrison-King had a great week with Goulburn Valley Health Waranga Campus, Ryan Young worked at the Bendigo Tennis Centre, Bradley Kromek was in the workshop at Jayell Ford, Kyabram and Zoe McIntosh worked on the family farm at Wanalta gaining an insight to Agriculture.
WORK EXPERIENCE WEEK

Left: Ike Jones learnt the finer art of panel beating whilst (above) Shanae Baldwin did a great job at the local Kinder/Childcare. Both said they learnt a lot!

THANKYOU EMPLOYERS

Rushworth Kinder & Childcare
Mooroopna Vet Clinic
Dallas Automotive, Shepparton
Tatura Studio Gym
GV Health, Waranga Campus
Jayell Ford, Kyabram
McIntosh Farms, Wanalta
St. Mary’s Primary School
Defence Forces
Paul Kempinksii Builder, Mooroopna

Jacob Ewart Plumbing, Murchison
Murchison Supa Valu
Infinity Health Club, Kyabram
Friar’s Café, Shepparton
Colman Sidecars, Kyabram
Victoria Police
Northern Hospital, Melbourne
Riverine Therapeutic Massage
Bendigo Tennis Centre
Perry’s Butchery, Rushworth

We could not give our students the experience without your support.
Nationally Consistent Collection of Data on School Students with Disability

‘Collection Notice’

Dear Parents/Carers

All schools in Australia, including Independent and Catholic schools, will participate in the Nationally Consistent Collection of Data on School Students with Disability this year.

The Data Collection is an annual count of the number of students with disability receiving educational adjustments to support their participation in education on the same basis as students without disability.

All education agencies are now required under the Australian Education Regulation 2013 to provide information on a student’s level of education, disability and level of adjustment to the Australian Government Department of Education and Training.* Data will continue to be de-identified prior to its transfer to the Australian Government Department of Education and Training. No student’s identity will be provided to the Australian Government Department of Education and Training.

The collection of this information from states and territories will inform future policy and program planning in relation to students with disability.

If you have any questions, please do not hesitate to contact Peter Bovell on 5856 1230 or the Victorian Department of Education and Training Data Collection Hotline on (03) 9651 3621. For questions after 7 August 2015, please call the Australian Government Department of Education and Training on 1300 566 046.

* For more information on Schedule 3—Amendments for the collection of data on students who are persons with a disability Australian Education Regulation 2013 see: http://www.comlaw.gov.au/Details/F2014L01723/Html/Text#_Toc404934419
VCE Support Sessions

Now on Tuesday and Wednesday nights

There are only 12 school weeks left for YR 12 VCE students and 15 weeks for YR 11 VCE students! This is the best time to knuckle down and work hard to get in front and stay there!!!

Use the VCE support session on Tuesday and Wednesday to connect with teachers and keep on top of homework. It’s a fantastic opportunity to get extra support and individual tutoring.

Don’t forget a successful VCE student is completing a minimum of 14hrs of study and homework in YR 11 and 21hrs a in YR 12.

It’s as easy as just turning up. Stay for as little or as long as you want!!!

Frankie O’Toole
VCE/VCAL Coordinator
PREP - YEAR 6 News...

**Prep - Year 2**

WOW! Welcome back to Term 3! How fast this year is flying!!
The Prep, Ones and Twos are all fired up for a new and exciting Term. We have a number of fun learning activities to look forward to including Book Week, Cross country as well as an excursion (later in the Term).

We are all very excited to be settling into our big classroom with the grade 3/4’s, feel free to come in and check it out if you get time to do so.

Again for Term 3 all parents are welcome to lend a hand in our classroom, if you have a morning or afternoon free. Please contact Belinda McDonald on the college number or email mcdonald.belinda.k@edumail.vic.gov.au to arrange a time or even a regular time to assist in our classroom any way you can.
A reminder that nightly reading will assist your child’s reading skills immensely, so please remind and encourage your child to read and log it each night 😊

Thank-you

Miss Belinda McDonald

**Year 3/4**

Welcome back to Term 3!

We have had a very busy start to the term with our new open learning space!

Remember to get deposits and forms for camp, which is coming up from the 21st - 23rd October, back as soon as possible.

*Learning Foci:*

In Literacy, we have been learning about the features of informative and persuasive texts and using these features in our writing. We have also looked at how to edit and improve our writing before publishing it. We will continue to look at this topic next week.

In Numeracy, we have been learning about collecting and displaying data. Next week we will be learning about 3D shapes and creating patterns with shapes.

Our Inquiry focus for the next five weeks if the First Fleet.

Miss Megan Flynn
New staff profile: Miss Larissa Carr

Thank you to all the students and staff who have already welcomed me to the school and I look forward to meeting parents and community members over the next 6 months.

I am originally from the coastal town of Portland, love my water sports and weekend netball for the Kyabram Bombers. I have a passion for participation over excellence with a give it a go attitude I try to instil into all of the students who pass through my doors. I look forward to teaching Physical Education to Year’s P-10 excluding Year 9 and Health for Years 7, 8 & 10’s as well as guiding the VCAL students through their course work. I ask that parents please call me with issues that arise from classes or that may prevent their child from participating to any degree.

I always say to my students I want notes not excuses so I can build a better understanding of the problem and help to find a solution or a way to involve them. I will work hard and look forward to the new challenges and personalities I am sure I will come across here at Rushworth. I have already explored the local riding track and mines and know the town has a lot of history and beauty that I am yet to discover. This is a new chapter for me and I am excited to share the journey with the Rushworth community.

Get started on your career as a Teacher’s Aide in 2016!

Certificate III in Education Support (CHC30213)

If you enjoy working with children and seeing them grow through educational achievement, then this is an ideal career for you. The demand for Teacher’s Aides is high in both primary and secondary schools throughout our region. Teacher’s Aides assist teachers with the supervision and support of students and the delivery of learning programs. They also provide support and assistance to students with special needs, including those with physical or intellectual disabilities, or behavioural issues.

Wangaratta: Mondays and Tuesdays, starting 13 July (late enrolments will be accepted up to 2-3 weeks beyond start date).
Duration: 9.30am - 3.00pm, 13 July - 27 November.

Contact us on 03 5721 0200 to ENROL NOW or visit www.thecentre.vic.edu.au to find out more!

LUNCHTIME ACTIVITIES
TERM 3

Did you know we have the following activities happening (during lunchtimes) each week?

- Homework Club in S3
- Art Club in S4—applications due now.
- Knitting Club in the main hall on Thursdays (Community Project)
- Train Club is coming - get your application in
- Music students get to practice Monday to Thursday (see HUTCH)
- Library is open EVERY lunchtime for student access
- Stadium is open on various days for Physical activity.

TALK TO YOUR TEACHERS TO FIND OUT MORE!!
Road Safety for Students- What can parents do?

On Tuesday June 23rd all Year 11 students participated in a half day Fit2Drive workshop as part of Rushworth P12’s program to promote road safety for our students. On the same day a Look After Our Mates program was also run for the Year 12 students.

Both programs were organised and funded through RoadSafe Central Victoria.

Road trauma remains the biggest cause of death and serious injury for young people. Parents often ask what they can do to help their kids enjoy their lives without being involved in road trauma.

Well the answer is lots!

- What parent’s do is an important model for their children’s future behaviour? If you enjoy a drink talk about how you will avoid drinking and driving. Make road safety part of the family conversation.

- If you are a parent of a year 11 students ask about the Fit2Drive program. What was it about? What stood out for you? What strategies did you talk about?

- Ask the year 11 students if they have discussed the Fit2Drive program in their friendship group - What agreements have they made as a group about what they will and will not do with respect to driving and helping to keep their friendship group safe.

- Ask year 12 students about the Look After Our Mates program.

- If your child is on their Learner’s help them to get as much experience on real roads, and in all conditions, as possible. Research shows this is one of the best ways of reducing the risk of young people being involved in road trauma. Don’t settle for 120 hours. The more experience they get on their L’s the better - research proves it!

- Check out the VicRoads website and search for ‘Lessons from the road’. This is specifically designed to give parent and other supervising drivers lots of very useful tips and information on how they can help to make the learner driver period fun safe and effective.

- Have a discussion with your kids about what they should do if the driver they are out with is drunk or behaving dangerously. Will you go and get them if they call? Will you be angry because its 3am in the morning or will you be thankful that they called you? It’s a powerful way to tell them that you care and to let them know that it’s ok to call no matter what the time. What other strategies could they use like take a swag and stay the night etc.

- Encourage them to take a break on long trips and model that behaviour yourself. Fatigue is a major cause of road trauma on country roads.

- Buy them a breathalyser for their 18th birthday and pay for it to be recalibrated every 6 months. Make sure it comes from a reputable organisation like the RACV – don’t buy them over the net as they are often unreliable.

- If you are helping to buy them a car check out the safety ratings on ‘howsafeisyourcar.com.au’ Encourage them to choose the car with the highest safety rating in their price range. But remember that safety ratings are based on the year the vehicle was made NOT current safety standards.

The research clearly shows that parents can make a huge difference by modelling safe behaviour, by making it part of the family conversation and by giving learners as much driving experience as possible, in all conditions, when they are on their learner’s permit. Your children can make a huge difference by making agreements in their friendship groups about what they will all do if one of them is planning to drive after drinking or is speeding or driving dangerously.

Malcolm Pollitt
Community Liaison Officer
Fit2Drive Foundation
Year 11 students took a serious look at Road safety during the recent Fit2Drive session held at the College.
On Thursday 25th June, we took two junior netball teams to Shepparton to compete in the GMDVSS Junior Winter Sports. Unfortunately some of our players fell ill or injured before and on the day so the Year 7 team played with 5 girls and the Year 8 team played with 6. Luckily most other teams had more than enough players so we never had to play without 7 girls on the court. It was a fun day out and the Year 8 team experienced some success – winning two games and drawing one. The Year 7s were outsized by all their Year 8 opponents but still enjoyed themselves, never gave up and represented Rushworth P-12 College very positively. Congratulations to all netballers and footballers for their great effort on the day.

Amanda Cray
Health & PE Department

The Year 7/8 students certainly had a great time competing in the recent Junior Winter Sports Day - Well done to one and all on your efforts and resilience.
Tatura Basketball Spring Competition will commence August 10th. This competition is open to ages 8-16 (must still be 16 on 31st December 2015).

Registration Night: 6-8pm Wednesday July 22nd, upstairs at Tatura Stadium.

Registration and Payment must be made on this night. For further information please contact Lisa Cullum, President, at taba@viberts.com.au or on 0428242889. Can past players please return any playing singlets they may have on registration night.

Aussie Hoops – Learn to Play Basketball
8 Week Programme For Children Ages 6-10

When: Thursdays 5.00-5.45 pm
Commisses July 23rd - registration and first session on this night.

Where: Tatura Basketball Stadium

Cost: $70 Initial Registration, includes Aussie Hoops pack. $40 returning player.

For more details please contact Lisa Cullum on 0428242889
Don’t forget….

you can keep in touch with the College regularly via the following Social Media sources.

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Mental Health Awareness Forum

Come along to this rare opportunity to meet and talk with Dr Graham D. Burrows, AO, CJSJ Professor/Director of Psychiatry at Austin Health, Professorial Fellow in the Department of Psychiatry at the University of Melbourne and Private Consultant.

Wednesday 22nd July 7pm,
Ballantyne Centre, Tatura

Entry is a Gold Coin Donation

Presented to the whole community by
Tatura Rotary Club,
Tatura Football/Netball Club
& proudly supported by Rodney Printers

Kids Yoga at the Mud Hut, Moora

Yoga can make a big difference in children’s development. The word ‘yoga’ means the uniting of body and mind. This union allows the child to become more centred and therefore, in control. At the Mud Hut, the emphasis is not on the end product, but on enjoying the process, so that each student can feel confident and relaxed.

Kids Yoga is open to children aged from 5 to 12 years.

Classes begin on Wednesday July 15 for four weeks, finishing on August 5
Time: 4:15pm to 5:15pm
Cost: $40
Family discount available

For more information or to register, please call Loretta McIntosh on 0407 690 765

College Values: Be Respectful, Be Responsible, Be Resilient