### AUGUST

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>3rd</td>
<td>VCE Ag/Hort - Boho Excursion</td>
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<td></td>
<td>VCAL applications due</td>
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<td></td>
<td>VTAC Applications open</td>
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<td>Fast-Track applications open</td>
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<tr>
<td>3rd – 14th</td>
<td>Subject Selection Interviews (Parents welcome)</td>
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<tr>
<td>6th</td>
<td>Lone Pine Memorial</td>
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<td>7th</td>
<td>Year 9 CFA Excursion - Seymour</td>
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<td>10th</td>
<td>Year 7-9 Indigenous Workshops</td>
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<td>13th</td>
<td>P-6 Reading visit to Waranga Aged Care Hostel</td>
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<td>Newsletter home</td>
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<td>14th</td>
<td>Subject selection sheets due</td>
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<td>Soccer clinics - Year 3/4 &amp; Year 7/8</td>
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<tr>
<td>17th-21st</td>
<td>Year 12 Outdoor &amp; Environmental Studies Bogong Camp</td>
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Above: Year 10 student, Oliver Rathjen enjoyed participating in the recent ICT day at Kyabram P-12 College. Read more about it on page 7.

Below: Jack Clarke reads to his new friend at the Waranga Aged Care Hostel. The primary students are visiting every week to read with their new friends. Look out for a BIG story next edition.
**News from the Principal....**

**WOW!** What a fantastic Subject Selection Night held this week. Feedback from students, parents and staff all points to an extremely informative and productive evening on Wednesday night as students explored pathways options for their later years of schooling at Rushworth P-12 College. Thank you to our students and parents for their support of the evening, with a huge crowd in attendance. Thank you to our staff team for their attendance, organisation and support of our students future learning needs. Whilst this event was a great success, it is just one part of our approach to supporting students in making informed choices about their learning pathways both within and beyond school. Our Year 9-11 students will also engage with teachers and our careers and pathways advisor, Kerrie Raglus, over the coming weeks before final subject pathways and selections are due in. If you have any questions at all, please do not hesitate in giving us a call to help you with this important part of our later years program at Rushworth P-12 College.

Together with our Later Years Information Night, our staff team have been actively supporting students, future students and families in other areas of the College and key transition points. Our team have welcomed Kinder students along as part of our Kinder – School transition experience and our Transition Leader, Stacey McMillan, is actively working with our neighbouring schools to ensure a strong and supportive experience for Year 6 students joining us for Year 7 in 2016. These are all essential elements of our planning and preparation for 2016 and the programs ensure that our new students are well supported and ready for their life at Rushworth P-12 College.

As we plan our operations for 2016 it is really handy to know our enrolment numbers for 2016. As such, I would ask all families to please let us know by August 14th if they are planning to enrol more children for 2016, or know of family or friends who will be enrolling. Equally as important, if you are leaving us at the end of the year, we also need to know this. This information is all used to establish the number of classes that we run and how our curriculum delivery Prep – Year 12 will be structured. As we work our way towards 2016, I will share more with you of what 2016 will look like at Rushworth P-12 College.

**Bring Your Own Device**

At the commencement of 2015 we asked all Year 7 and 10 students to bring their own electronic device, such as a tablet, netbook or laptop, to school for everyday use and to support the learning process. Students in other year levels were also able to take up this opportunity if it suited them and their family. Students who took the opportunity were not charged College fees and levies in 2015 in recognition of the financial outlay of providing your own device. We greatly appreciate the support of families in making this program a success.

The ongoing success of this program though rests with our students, many of whom are now not bringing their devices on a daily basis. I strongly encourage students and parents to support our efforts here by ensuring devices are at school each day, devices are charged and ready for use and that devices have the required software installed to support learning. If you have any questions about how you can help us in this area, please do not hesitate in speaking with your son or daughters form group teacher, or drop in and see me.
Have a fantastic week ahead and don’t forget that attendance is important.

Missing one day of school each fortnight adds up to 20 days a year, a term missed every two and a half years and a total of 260 days or 1.25 years of schooling by the time you reach Year 12. Attendance matters if you want the best possible opportunities through and beyond school.

Kind regards,
Brad Moyle, Principal

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**Prep transition begins...**

On Monday 27th July, Hunter Holm and Khaylen Forsyth joined the P-2 class after lunch to be involved in their first transition session. Miss McDonald and the students introduced themselves and had a tour of the school. They then headed to the stadium to play some fun games of ‘Dodge Ball’ and ‘Rob the Nest’ with Ms Cray and Miss Carr.

Thank you to Ms Cray and Miss Carr for helping out and a big congratulations to Miss McDonald for her organisation of the day.

If your child is attending school in 2016 and you have not made a decision about where to send them, please feel free to join us fortnightly on Mondays at 2:15 – 3:20pm for some fun activities. This program is free and all students are welcome. The next session will be on Monday 10th August and we will be running a parent information session during this time.
**PBIS Positive Behaviours**

The following students have been recognised for displaying one or all of the College’s three expectations, **Be Respectful**, **Be Responsible** and **Be Resilient** recently.

**Week 2 (24th July):**

<table>
<thead>
<tr>
<th><strong>Winner</strong></th>
<th><strong>Nominated by:</strong></th>
<th><strong>For being:</strong></th>
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<tbody>
<tr>
<td>Elise Jones</td>
<td>Me Daff</td>
<td>Responsible</td>
</tr>
<tr>
<td>Peter Cullie</td>
<td>Ms Raglus</td>
<td>Responsible</td>
</tr>
<tr>
<td>Ziggy Spence</td>
<td>Mr Daws</td>
<td>Responsible</td>
</tr>
<tr>
<td>Jason Clarke</td>
<td>Ms Flynn</td>
<td>Responsible</td>
</tr>
<tr>
<td>Toni Wright</td>
<td>Ms Carr</td>
<td>Respectful</td>
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**Week 3 (31st July):**

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<tr>
<td>Peter Cullie</td>
<td>Ms Nurse</td>
<td>Responsible</td>
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<tr>
<td>Tiffany Clark</td>
<td>Mrs Hodson</td>
<td>Responsible</td>
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<tr>
<td>Tanya Marshall</td>
<td>Mrs Carroll</td>
<td>Responsible</td>
</tr>
<tr>
<td>Jayden Bloomfield</td>
<td>Ms McDonald</td>
<td>Resilient</td>
</tr>
<tr>
<td>Andrew Gelsi</td>
<td>Mr Daws</td>
<td>Responsible</td>
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**Monthly (July):**

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<th><strong>Winner</strong></th>
<th><strong>Nominated by:</strong></th>
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<tr>
<td>Toni Wright</td>
<td>Mr Daff</td>
<td>Resilient</td>
</tr>
<tr>
<td>Daniel West</td>
<td>Mrs Hodson</td>
<td>Responsible</td>
</tr>
<tr>
<td>Emma Marshall</td>
<td>Ms McDonald</td>
<td>Responsible</td>
</tr>
<tr>
<td>Dana Rodgers</td>
<td>Mrs Williams</td>
<td>Respectful</td>
</tr>
<tr>
<td>Hannah Price</td>
<td>Ms Flynn</td>
<td>Resilient</td>
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This week the College held its 2016 Subject Selection information night, formally beginning some considered decision making among students and their parents and carers. Much of our happiness in life is determined by the decisions we make, by having autonomy in our choices and understanding the purpose behind these choices. This time provides a good opportunity to work with your children on how we go about being responsible for our decisions.

As adults we tend to take decision making for granted. We have so much experience to draw upon when making decisions that often the right decision to make is intuitive or automatic. We can forget that young people have a limited experience of decisions and consequences to draw upon, with many important decisions made for them by adults. Furthermore, this can the first time that adolescents understand conflict in choice: at a time in their lives when they value freedom, they realise that committing to a choice means closing off other options. So how do we prepare young people to make responsible choices?

An initial strategy is to ensure you are in a state of high positive emotions when you make decisions. Research has found that when we are high in positive emotions we broaden our ability to see solutions and become more creative with possibilities when decision making. So rather than assume you have made your decision or leave it to some arbitrary time to make it, instead plan your day prior to making the decision to ensure that you are in a good mood.

Being able to anticipate the consequences of decision making is important, but can also make them more complicated. Often we have a fixed idea of our future selves or whom others want us to be; a strategy to help simplify this is called prototype matching. Imagining other types of people and how a decision might affect them and then deciding which type of person is closest to ourselves or who we want to become can help bring clarity and simplicity to the process. It is easier to imagine how a decision will affect a person than imagining an entire situation, especially for adolescents who are used to judging themselves by their peers.

When we learn that choosing means losing, we can deliberate over a choice of two comparably attractive options because our anxiety about making the wrong decision obscures our ability to foresee the outcomes. So subject selection will more likely be a case of which right decision to make rather than making the wrong one. Ultimately, this will be a significant opportunity for students to learn that the choices we make shape our identity. By committing to our decisions and making the most of them we reaffirm our independence and grow as adults.

While the college has a carefully planned process to help students make the right decisions, I encourage you to make this a positive and reflective process with your child and highlight the connection between their decisions and their wellbeing.

Kind Regards

Peter Bovell
Assistant Principal
The Year 12’s have been hard at work producing items for their Folio’s - their largest piece of assessment for the year. With the students all producing food items for various themes of Italian, Seasonal and an Engagement Party, it has showcased a wide range of food items.

This week we have seen the production of Mini Sponge Cakes with Homemade Strawberry Jam made by Elli Bertram and Chicken, Avocado and Capsicum Sushi made by Elise Jones.

A huge effort from the students - Keep up the great work!

Ash Taylor, Food Technology
Year 10 explore Careers in I.C.T

Our Year 10 students joined with students at Kyabram P-12 College last week to partake in an investigative day of hands on workshops exploring the wide range of careers available to them in the Information Communications Technology (ICT) industry.

From looking at how ICT plays a part in Business, Engineering, Robotics, Scientific Research to Cartooning - the Rushworth students got involved eagerly in all the workshops.

Congratulations to Madi Kromek who was lucky to win the 2nd prize - a ‘Fitbit Charge Wireless Activity’ wristband. Madi was very pleased with her luck on the day.

Thanks must go to Campaspe Cohuna LLEN for again offering our students access to some great events—FREE of charge! Thanks also to Mr Barnes and Ms Carr for accompanying the students.
Camps, Sports & Excursions Fund (CSEF)

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund will ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities.

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child.

The annual CSEF amount per student will be:

- $125 for primary school students
- $225 for secondary school students.

How to Apply
Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

Closing Date
Applications are open until the end of term three (18 September 2015).

For more information about the CSEF visit www.education.vic.gov.au/csef

VCE SUPPORT SESSIONS
EVERY TUES & WED
3.30 - 5.30 PM
RP-12 COLLEGE ROOM: S3

College Values: Be Respectful, Be Responsible, Be Resilient
**VCE / VCAL - some questions answered:**

**VCAL - Did You Know?**

**Will VCAL get me ready for a trade?**
The OnTrack destination survey for students who completed VCAL Intermediate and Senior certificates in 2014 indicated that 87% of the cohort followed a pathway to education, training or work after their VCAL.

**Can I get into university if I successfully complete the VCAL?**
If you are considering entering university straight from school, VCAL is probably not the best choice for you. Students planning to go straight into university usually undertake VCE programs which allow them to gain an ATAR score from the Victorian Tertiary Admissions Centre (VTAC).

**However ...**
Entry straight from school is not the only route into university. Some people study a vocational education and training course at TAFE while working, perhaps leading to a Diploma or Advanced Diploma, and then decide that they would benefit from a university course. VCAL would be a good start along this pathway.

**VCE – How to get extra marks in VCE exams!**
Each year the Age newspaper publishes a range of fantastic resources around tips, tricks and advice on how to perform your best in your VCE Studies.

**Specific Subject Advice ...**
If you are currently studying: English, Psychology, Further Maths and Health and Human Development check out this online resource that give some practical advice on how to perform better in your end of year exam.

**Good Exam Practise ...**
If you are looking for useful general advice about gearing up for your VCE Exams head to this website http://www.theage.com.au/victoria/vce-exam-tips-what-the-teachers-say-20131029-2wdz9.html and look at what you should do a week before your exams, on the day of your exams and after your exams.

*Frankie O’Toole*

*VCE/VCAL Coordinator*

*Rushworth P-12 College*
Prep - Year 2

Congratulations to Jayden Bloomfield for receiving our weekly PBIS Award – he is always showing Respect, Resilience and Responsibility. Keep up the positive attitude Jayden!

Also well done to Tamikah Clark for receiving our Classroom Award for her brilliant start to Term 3! Keep it up Tamikah!

We have been very busy in our Classroom learning about Australian Animals in Inquiry. We have been focussing on comparing different texts and punctuation in Literacy. We have also been very busy learning our new M100W words – Well done to EVERYONE who has moved up a level or even two! Maths has been busy learning about place value, counting and Location and transformation (see below to see our P-2 town of chaos, where Miss McDonald was directed from one side to the other without crashing!)

Please remind your child to read each and every night. Well done to Bradley Bons who has nearly reached 100 nights!!!

Also could we please have all articles of clothing named - We have a lot of jumpers in the lost property.

We are participating in the Woolworths earn and learn, so if you (or if you know anyone else who does) shop at Woolworths please don’t say no to the stickers, as we are collecting them. 😊

We would appreciate any donations of stickers. Thank you 😊

Miss Belinda McDonald
What a great start the Term 3! The grade Three/Four students have settled in very well and are making the most of their learning opportunities.

Thankyou to those families who have paid their camp deposits, remember forms can be returned at any time prior to the 12th of October, when all money and forms are due.

Our first awards winners for the term were Dana Rodgers -class award for making a positive start to Term 3 and Hannah Price -PBIS award.

It has been great to see so many students earning reading awards and celebrating their reading successes, Harry Werner -100 nights, Jay-Leigh Meguyer and Jackson Stewart-150 nights.

Jay-Leigh Meguyer also received a Bronze Mathletics award.

**Learning Foci:**

In Literacy, we have been learning about planning and delivering oral presentations and identifying and using the features of imaginative and informative texts, we will continue with this focus next week.

In Numeracy, we have been learning about modelling and counting using fractions and finding fractions on a number line. Next week we will be learning about identifying and comparing angles that are bigger or smaller than a right angle.

Our Inquiry focus for the next five weeks if the First Fleet.

*Miss Megan Flynn*

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The Year 5/6 awards so far this term are:

**Andrew Robinson** – Presented in recognition of making a great start to Term 3 2015

**Kannika Suksanit** – PBIS Award – For displaying the 3 R’s of our College

**Jordan Miller** - Presented in recognition of making a great start at Rushworth P-12 College. Welcome.

**Cody Vanderdonk** – Presented in recognition of being our class Etymologist.

We also welcomed Federal Member for Murray, Dr Sharman Stone to our classroom last week, as we learnt a little about politics, government and the constitution.

Thank you for coming to visit us Dr Stone—we appreciated it greatly.

*Ms Carolyn Fraser*
FACT SHEET

HEADLICE

WHAT ARE HEAD LICE?

- Head lice are tiny insects that live in hair, where they breed and feed on blood from the scalp. They are about the size of a sesame seed, have six legs, and range from tan to greyish-white in colour. They live up to 30 days and cannot survive for more than two days away from the human scalp.
- Nits are the eggs of the head lice. They look like small whitish specks about the size of a pinhead and are glued to the hair shaft. Nits are first laid very close to the scalp, and then grow out with the hair. Nits hatch within seven to 10 days and mature into adult lice in about seven days.
- Head lice crawl; they cannot fly or jump and they do not live on animals. They hang on to the hair with hook-like claws at the end of each leg.
- Nits are usually found on the hair shaft at the nape of the neck, under the fringe and behind the ears.

HOW DO THEY SPREAD?

- Lice are spread by head-to-head contact, or sometimes from sharing hats, headgear, combs or brushes with an infested person.

WHAT ARE THE SYMPTOMS?

Symptoms may be absent, or may include:

- A tickling feeling in the hair
- Itchy scalp from lice bites
- Sores can develop from scratching and these can sometimes become infected
- Fine black powder (lice faeces) or pale grey lice skins may be seen on the pillow.

TO CHECK FOR HEAD LICE AND NITS:

- Look closely through the hair and scalp for nits and lice with a bright light, magnifying glass and fine-tooth comb.
- Nits are usually noticed first and are easier to see. They are glued to the hair shaft, behind the ears and at the back of the neck. Unlike dandruff they cannot be brushed off.

IF YOU FIND HEAD LICE:

Check the rest of the household for head lice, and only treat if they are detected.

- Treat everyone found to be infested on the same day.
- Treat again in seven days.
- Tell any possible close contacts, such as friends and work mates.
- After the first treatment, the affected person can return to school or work.

HOW DO YOU TREAT HEAD LICE?

- For a baby under 12 months of age, or if you are pregnant, or breast feeding, or have sensitive skin, consult a health professional for advice. Manual removal may be recommended in preference to chemical disinfection.
- Head lice treatments can be purchased from a chemist without a prescription. Follow the instructions.
- Avoid getting the product into eyes; cover eyes with a towel or washer and wear gloves when applying the product. Wash your hands thoroughly after use.

HELPFUL HINTS

- Do not use a conditioner on hair before (or after) applying the treatment.
- Do not blow dry hair after treatment as the heat may inactivate the product.
- Do not re-wash hair for one to two days after treatment.

AFTER TREATMENT

- Check that the product worked. Comb hair with a fine-tooth comb, wipe contents onto a tissue or cloth, and look for any movement. If lice are still active, the head lice could be resistant to the insecticide. Wash hair and treat again using a product with a different insecticide base (ask your pharmacist).
- If the other preparation fails, daily inspection and removal of eggs and lice with a fine-tooth comb or fingernails is the only option left. This procedure is tedious but, if followed strictly, will eventually clear the hair of lice. A magnifying glass may help you to see the eggs and lice more easily.

- Check combs, brushes, headgear and bedding for lice. Combs and brushes may be soaked in hot water (>50°C) and detergent for 10 minutes. Bed linens, clothes, and towels can be washed in the hot cycle in the washing machine or in a hot drier. Items that cannot be washed or dry-cleaned (for example, hats) can be placed in a plastic bag for a minimum of four days.

- Nit removal is not necessary.
- To help minimise levels of head lice within the community, it is a good idea to check your child’s hair on a weekly basis.

For more information please contact your local public health unit, community health centre, pharmacist or doctor.

This is the first in a series of fact sheets on public health issues that will appear in the NSW Public Health Bulletin.
Woolworths Earn & Learn 2015

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn

We look forward to your support 😊

TERM 3 LUNCHTIME ACTIVITIES

Did you know we have the following activities happening (during lunchtimes) each week?

- Homework Club in S3
- Art Club in S4—applications due now.
- Knitting Club in the Main Hall on Thursdays (Community Project)
- Train Club is coming - get your application in
- Music students get to practice Monday to Thursday (see HUTCH)
- Library is open EVERY lunchtime for student access
- Stadium is open on various days for Physical activity.

TALK TO YOUR TEACHERS TO FIND OUT MORE!!

Watch this space for more to come 😊
Library Learnings

THE CHILDREN’S BOOK COUNCIL OF AUSTRALIA AWARDS

2015 Shortlisted Books

Each Library article leading up to Book Week, will feature a Shortlisted book from categories Older Readers, Younger Readers, Early childhood and Picture Book of the Year.

Older Readers: Recommended for Years 9+  
**Title: Intruder**  
**Author: Christine Bongers**

Blurb: Kat Jones is woken by an intruder looming over her bed. She’s saved by Edwina - the neighbour Kat believes betrayed her dying mother. Her dad issues and ultimatum. Either spend nights next door, or accept another intruder in her life - Hercules, the world’s ugliest guard dog. It’s a no-brainer, even for dog-phobic Kat. When she meets adorable Al at the dog park, finally Kat has someone to talk to, someone who cares. But the prowler isn’t finished with Kat. To stop him, she needs Edwina’s help...and what Kat learns next could mend fences - or break her fragile family apart forever.

Younger Readers:

**Title: Two Wolves**  
**Author: Tristan Bancks**

Blurb: One afternoon, police officers show up at Ben Silver’s front door. Minutes after they leave, his parents arrive home. Ben and his little sister Olive are bundled into the car and told they’re going on a holiday. But are they? It doesn’t take long for Ben to realise that his parents are in trouble. Ben’s always dreamt of becoming a detective - his dad even calls him ‘Cop’. Now Ben gathers evidence and tries to uncover what his parents have done. The problems is, if he figures it out, what does he do? Tell someone? Or keep the secret and live life on the run?

Early Childhood  
**Title: Noni the Poni**  
**Author/Illustrator: Alison Lester**

Blurb: Would you like to meet Noni? She’s the friendliest pony. She lives on a farm overlooking the sea and loves to play with her friends Dave Dog and Coco cat.

Picture Book of the Year  
**Title: Rivertime**  
**Author/Illustrator: Trace Balla**

Blurb: A tender tale of a boy and his bird-watching uncle on a paddling trip on Australia’s Glenelg River. A story about slowing down, growing up, and connecting with the land and its creatures.

Kerri-Anne Nurse, Library Manager
Mr Men & Little Miss Book Character

Whole School Parade

When: Wednesday 26th August @ lunch time - 1:30 to 2:18

Where: Front of the Library - prizes for best dressed for each year level

Bring: your own picnic lunch

Party food will be provided for all participants after the parade

Families are encouraged to attend - and DRESS UP!!

TATURA BASKETBALL REPRESENTATIVE SQUAD TRIALS

U18  Friday August 7th 6-7.30pm  Sunday August 9th 5.30 -7pm
  Tuesday August 11th 5.30-7

U16  Sunday August 9th 5.30-7

U14 and U12  Sunday August 9th 4.30-5.30

Age groups:  U12 – born 2005/2006
              U16 – born 2001/2002
              U18 – born 1999/2000

For more information contact Lisa on 0428242889.
Don’t forget…
you can keep in touch with the College regularly via the following Social Media sources.

Proudly supporting Rushworth P-12 College
We’re supporting you and your community
Call in and see us at 23 High Street, Rushworth or phone 5856 2122.

Bendigo TAFE

Stanhope Tennis Club Inc. Annual General Meeting

Where: Stanhope Tennis Clubrooms, Birdwood Ave, Stanhope
When: Tuesday 11th August
Time: 7.00pm

The meeting is open to anyone interested in playing this upcoming season, especially senior players and parents of junior players.

For further information, please contact Stephen Browne at the Post Office on 5857 2201.