SEPTEMBER

1st  RCH Partner course - RSA 9am - 1pm
     Fathers Day stall
     11 - 11.30am

3rd  P-6 Hostel reading visit

4th  P-2 Excursion to Bendigo

8th  RCH Partner course — Barista 2pm - 4pm  
     Barista 5pm - 7pm

9th  Parent Teacher Interviews
     RCH Partner course - Food Handler 4pm - 9pm

10th Newsletter home

11th Year 6 transition visit

14th SAKG Mini Market
     10.30am - 1.30pm

14th-18th Year 11 Outdoor Ed - Paddle Camp

14th College Council 7pm

18th Term 3 finishes  
     Early dismissal 2.20pm

Our Year 10 students recently visited a Cheese making facility in Wunghnu to see how Cows can create a range of careers, and taste some yummy cheese!

UPCOMING - Pupil Free Days

Monday 5th October - Staff Professional Development Day

Monday 2nd November - Staff Professional Development Day

Tuesday 3rd November - Melbourne Cup Public Holiday

Mark the following dates on your Calendar NOW!
News from the Principal....

Awesome Ambassadors

It isn’t often that we continue a theme from one newsletter to the next but with the College being the hive of positivity that it has been this term I have no choice but to celebrate and acknowledge the outstanding work of our staff and students. This week we are acknowledging:

- **The fantastic work of our PBIS Team.** The Positive Behaviour Interventions & Supports (PBIS) Team first formed in 2014 and worked tirelessly with the College Community to build our PBIS system or framework. We then implemented the PBIS system at the start of 2015 and have since seen a growing positive school climate and culture for our students and staff. This hasn’t just been the feeling in the air but also independently assessed and verified. Our most recent evaluation of school climate via the SET assessment tool placed us at 96%, a huge improvement over our previous result of 29% in March 2014. **Congratulations to Jamie Daff, Frankie O’Toole, Gabe Schembri and Tom Brown** for being awesome ambassadors for the College as they told our PBIS story to a crowd of 500 at the MCG on Friday 21st August. As well as sharing our story, the team also received a Silver School-wide Positive Behaviour Supports Award for our high quality and independently verified roll out and adoption of PBIS.

- **Our Year 12 Outdoor & Environmental Studies students** and **Miss Stacey McMillan and Miss Larissa Carr** for being awesome ambassadors of the College during the week long snow trip up to Bogong last week. Check out our [Facebook page](#) for some great video footage and photographs.

NAPLAN 2015

Earlier this week all parents with children in Years 3, 5, 7 and 9 should have received a copy of their child’s 2015 NAPLAN results. I encourage parents to celebrate achievements with your child and where you have any concerns to please contact your child’s teacher to discuss the matter further. In the coming weeks I look forward to sharing with you a school summary of our 2015 NAPLAN achievements.

Building Community Partnerships

One of our key improvement strategies over the next few years is to build our community links, reputation and partnerships. With this in mind I am pleased to announce our most recent partnership with the **Rushworth**
**Community House** which will see us partnering together to deliver Responsible Serving of Alcohol, Barista and Food Handlers courses at the College over the coming week. This is a great example of how two local organisations can work together to support ongoing learning and growth for our community. The Rushworth Community House have done a lot of the leg work in organising the courses, with the College supporting by providing a venue and encouraging the participation of our students. Great things happen when we work together, well done everyone.

We also have to extend our appreciation to new partners, The AFL and Rushworth Football & Netball Club who together are able to provide us with a new set of football goal posts at no cost. The AFL are kindly donating brand new goal posts with our local Rushworth Football & Netball Club generously offering to install them for free in the upcoming holiday break. A huge thank you to Rushworth Football & Netball Club, The AFL and Mr Daff and Ms Cray for this much needed improvement to our grounds.

**Pupil Free Days**

A reminder to all families that we have two pupil free days coming up between now and the end of the year. The first of these will be on **Monday 5th October**, with staff utilising this time to develop further their understanding of Personalised Learning and how this can be harnessed to support students at Rushworth. The second day will be held on **Monday 2nd November**, with staff focusing on the effective use of data and assessment to inform and support student learning.

*Kind regards,
Brad Moyle, Principal*

---

**Rushworth P-12 College - SAKG**

*M ‘Mini Market’*

**Monday 14th September 10.30am til 1.30pm**

- Come along & enjoy a scrumptious morning tea, on the kitchen deck.
- Purchase some of our FRESH garden produce, or plants for your garden.
- Take home some preserves, gifts or craft work.
- Take a tour of the Kitchen Garden space.

*HELP US TO RAISE some FUNDS*

*ALL WELCOME*
Goodbye to Nance, a lovely lady, a volunteer worth her weight in gold.

It’s not everyday we get to work with such a dedicated volunteer - Nance Meagher has been that sort of volunteer here at Rushworth P-12 College, for the past 18 years, and it is with sad hearts that we have to say goodbye to her regular visits, as Nance is retiring from her volunteer position to look after her health.

The Year 5/6 students have compiled their thoughts and those of other classmates in the Primary area, to thank Nance for coming and reading with students nearly every day. It’s just not the reading that is important, but the relationships formed over that time—and by the looks of it her special deliveries of meringues and chocolate crackles never went astray either.

Here is what the Year 5/6 students compiled:

Dear Nance,

From the bottom of our hearts, we would like to say thank you for giving us your time and listening to us read over the past 18 years.

Your calm and kind manner continued to support us all to do our best reading. Not to mention your patience as some of us took a little longer than others to get organised and find our books, book covers and reading logs.

We will always remember your yummy chocolate crackles and meringues that you cooked up for us all to enjoy at the end of each year.

Students and Teachers of Rushworth P-12 College.

‘Thank you Nance for reading to me’ - Matt Caton

‘I can remember when I was in Prep – 1 – 2 and I was pretending to go to you, and instead I was playing with toys’ - Andrew Robinson

‘Thank you Nance for everything. I LOVE your chocolate crackles’ - Geordie Aburrow

‘Thank you for coming in every week for 18 years’ - Luke Weatherhead

‘Thank you for coming and helping us read’ – Jack Clarke

‘Thank you for joining us with our reading’ – Bradley Bons

‘I liked how Nance drew the smiley faces in our reading logs 😊’ - Tamikah Clark

‘I liked reading to Nance ‘ – Emma Marshall

‘Nance really helped me read’ – Annalise Boyd

‘I loved reading with Nance!’ – Jayden Bloomfield

‘Nance helped me read ‘ – Haylee Marshall

‘Nance was nice to read to’ – Charlie Marshall

‘I liked reading with Nance lots’ – Bailey Burge

College Values: Be Respectful, Be Responsible, Be Resilient
Well, well, well…

(Wellbeing & Wellness)

Now that we are well and truly past the middle of the year, it is a good time for students to stop and reflect on how they are feeling about themselves and their progress at school. ‘Is school more enjoyable? Am I making progress from my work in the first semester?’ As challenges arise, it is all good and well to hope our resilience will see us through, yet it is important that if the answers to these questions are ‘no’ then we must take responsibility for our experience and plan to change it. A simple three-stage strategy is a good place to begin being responsible and to change our experience for the better.

Firstly notice, be aware of what changes in the body or mind are having an effect on you: ‘am I finding it hard to focus or get up in the morning? Am I having a lot of arguments with friends, family or teachers?’ When we have these difficulties we tend to blame external factors like the weather or the moods of others, yet it is these factors which we have the least control over, if any at all. It is more productive and requires much less energy to understand what we might be able to change in ourselves first. We call this being emotionally literate, knowing how we feel, why we feel the way we do, and what we can do to change it, and it is an important part of being responsible.

The second stage is act, ‘what can I do to engage with school, work or other interests, and what can I do to feel better about myself?’ In the last article I talked about presenteeism, attending school but not engaging with it. If we take a passive role in our lives, we tend to lose sight of our ability to discover the things that motivate us and rely on others to do it for us. When they don’t, we make the assumption that the problem is not ours and therefore the situation is unlikely to change if we rely on others, who are likely thinking the same thing about us. There is an abundance of scientific, peer-reviewed studies on interventions for elevating our mood and feeling more competent and motivated, which I will explore in future articles, nevertheless you will get a better result taking on your own role as a scientist and experimenting to see what works for you.

Once we have decided on an intervention to change our experience for the better, we need to reflect on the effects of the intervention: ‘how did it change my mind or body? How did it affect my relationship with a person? Did I get the progress I was after?’ It is important at this stage that we acknowledge what did and didn’t work and form an accurate evaluation. If the intervention was to do thirty minutes more homework each night, we might not enjoy it until we also see that we are improving our results and engaging better with our teachers and classmates.

When we have been through this process we should be thinking as follows:

“I know when something helpful/unhelpful is happening in my life. I know this because…” (noticing)

“When ‘x’ is happening in my life, I know I have to do ‘y’.” (acting)

“I know ‘y’ is successful because…” (reflecting)

(from Teaching Happiness and Wellbeing in Schools, Ian Morris)

By accepting responsibility for our experience, we communicate better and help others feel better, we feel more in control of our lives and work more efficiently to achieve our goals, and most importantly we know ourselves better.

Kind Regards

Peter Bovell

Assistant Principal
Cows create Careers.. and Cheese!

On the 13th August the Year 10 class went to the Locheilan Cheese Farm (as part of the Cows Create Careers Program) owned by the nice couple, Sue and Bruce. It was at their cheesery, where they showed the class their process of creating soft and hard cheese.

I was very interested in their pasteurisation process where they heat the milk to 72C for 14 secs as it is continuously circulated through the plates. - Kody Diegan

I enjoyed the excursion because we were able to gain an insight into the different jobs involved in the production of cheese, how it is made, the health and safety precautions that need to be taken and how and where it is distributed. - Ryan Young

The best part about going to the Cheese farm was getting to taste a couple of different cheeses - a week old cheese to one that was 4 weeks old. - Jac Barrett

I enjoyed learning about the process and the way it was made. There was a good vibe coming from Sue and Bruce. - Jacarna Miller

Ashley Taylor, Food Technology
Not only did the Year 10 students learn about some different career paths working with Cows can bring they also go to taste some pretty amazing cheeses!
The Year 8 Design Tech class have been working on their project to raise their Cultural Awareness in Design Technology by learning how to make a boomerang.

The boomerangs were made from Craftboard—an non-traditional product to use we know, but cut out expertly with a coping saw, sanded and then painted with individual designs.

The next lesson of Design Technology the students will spend some time learning to fly their boomerangs on the hockey field.

*Annemaree Klinberg, Design Technology*
Exam Survival Guide – and FREE Exam Preparation Lectures

With the Year 11 and 12 exams fast approaching, we thought it would be a good time to share the “Exam Survival Guide” with students. Packed full of tips on managing stress, time and study-loads, as well as detailing little known learning techniques, this guide will ensure that students are on the right track to maximise examination marks.

If you would like a copy of the Exam Survival Guide to use at home with your child simply contact the college and we will post or email one to you!

Students may find it more beneficial to hear these tips (and many more!) in person. There is still time for them to reserve a place at the TSFX free ‘Mastering the Exams’ study skills lectures taking place on Sunday 23 August, Saturday 29 August or Saturday 5 September 2015 at The University of Melbourne (10am – 2pm).

VCAL – Project Based Learning

The VCAL Senior students have been hard at work with Miss Carr planning a Primary School Social. The social will be for the Prep to Grade 6 classes, including the surrounding primary schools within the Rushworth and district community. We are all very excited to host the event and have students from other schools attend the night. It will be on a Thursday night 10th September with times to be announced closer to the date. Our Senior students are working hard to make sure the night is well planned using a number of planning tools and developing conflict flow charts, safety procedures and risk management documentation for the night.

Miss Larissa Carr

The VCAL Intermediate students have just finished interviewing members of the Rushworth Community to explore different roles community members have. Students are now building up to developing a community project of their own. At the moment they are surveying the college to see how many students would be interested in participating in a BMX Bush Bike course. Students have also been creating a personal resume and an online profile for their mock interviews coming up in late Term 3.

Ms Frankie O’Toole

Don’t forget study sessions are available after school on Tuesday, Wednesday afternoons from 3.30pm til 5.30pm

Cheers,

Frankie O’Toole

VCE/VCAL Coordinator
**LITERACY NEWS**

**Literacy Hints**

1. **Did You Know?** If you read to your child for 15 minutes a day, every day for 5 years, it equates to 456 Hours Together, reading, learning and bonding. What a tremendous gift to give your child!

2. Don't leave home without it! Bring along a book or magazine any time your child has to wait, such as in the car while waiting for the bus or at a doctor's office. Always try to fit in reading! OR Put a free reading App on your phone for those occasions when the book is left at home or in the car. It is also a novel way to present a story.

**Writing Competitions**

WRITE 4 FUN.net

The 2015 School Writing Competition is NOW OPEN!

Calling all Australian school students... Prep to grade 12...

Write a poem or short story for your chance to win $1,000 cash ($500 for you & $500 for your school)!

As well as one of the AWESOME prizes below.

All it takes is a burst of inspiration, a dash of creativity and a little bit of effort for great poems and stories to appear! We can't wait to read yours!

There is NO theme

You can write about whatever your heart desires!

* Poems no longer than 16 lines. Stories no more than 500 words.

* Entries must be in by Sunday 6th September 2015.

**Story Starters**

See if any of these kick start your imagination!

1. Two wrongs don't make a right... or do they? It all started when...
2. I've lived my whole life searching for alien life... and then we found the blue planet they call Earth...
3. I'd always wanted a superpower but never in a million years thought it would be this...
4. "Yes!" I high fived my team mates. This was the best sport in the world, I just love playing...
5. The sudden swooping and beating of golden wings had me mesmerized. It was like watching art in motion, the grace with which this creature moved...

See Ms Bradley for further details. **Great prizes to be won!!**
Prep - Year 2

Congratulations to our most recent award winners!!! Chelsea Robinson for her enthusiasm within Inquiry and Jack Clarke for demonstrating the 3 R’s of Rushworth! Keep it up!!

Within Literacy over the last couple of weeks, we have been focussing on Punctuation—capital letters and full stops. Students have also been increasing their nightly reading (Which is great to see!) Keep it up! Along with their M100W words. Nearly all students are reading their M100W words nightly, which is fantastic to see!!

Within Numeracy we have been looking at Money, Numbers and Pattern. All students have been engaged in fun activities to assist their learning of these topic areas.

We are all very excited for our trip to Bendigo Discovery Centre next Friday.

If all parents can pack snacks, lunch and a drink bottle on this day. Students will also need to be in school uniform appropriate for active movement. 😊

Miss Belinda McDonald

We are still enjoying our visits to the Hostel to read with the residents—we hear on the grapevine THEY LIKE it a LOT too....

Year 5/6

Award winners for Grade 5/6

Matthew Caton - for being an awesome computer monitor
Baylee Bons - for demonstrating Resilience.

We are also looking after our plants in the Kitchen garden very responsibly, and looking forward to the upcoming Mini Market on the 14th September, from 10.30am til 1.30pm

Ms Carolyn Fraser
Wow! What a busy two weeks we have had! The footy clinic with Steve Reeves was a big hit, as was our second Song Room session, and Hostel was a fantastic experience for all students, it was great to see the students interacting and sharing their stories with the residents.

Thank you to those families who have paid their camp deposits and return consent and medical forms, remember forms can be returned at any time prior to the 12th of October, when all money and forms are due. If you have any questions about camp or need another copy of the forms, please contact me at the College.

Our first award winners for the last two weeks were, Tiffany Clark, and Jason Clarke who received them for their exceptional effort this term,

Charlie Marshall and Bronte Pearson received the PBIS award for demonstrating the 3R’s of Rushworth P-12 College.

It has been great to see so many students earning reading awards and celebrating their reading successes, Jay-Leigh Meguyer, Jackson Stewart-175 Nights, Hannah Price-75 Nights, and Zac Price 25 Nights, keep up the great work everyone!

Please remind your child to read every night and record their reading in their reading diary and bring their reader to school every day.

**Learning Foci:**

In Literacy, we have been learning about sentences clauses and using noun and verb groups in our writing. Next week we will be looking at using a range of comprehension strategies to assist reading and using quotation marks in writing.

In Numeracy, we have been learning about using different directional words and reading simple maps. Next week we will continue to extend and consolidate our understanding of using different strategies to solve multiplication problems.

Our Inquiry focus for the next five weeks is studying different Eco-Systems and what makes up an Eco-System.

*Miss Megan Flynn*

---

**Year 8**

In Year 8 Health this term, we have been exploring the Department of Education’s Get Ready, Drug education resources.

It covers a range of topics including tobacco, alcohol, illicit drugs, risk taking behaviour and risk minimisation.

The booklet has lots of take home tasks that I am sure the Year 8 parents have seen and discussed with their child, re-visiting their teenage years and the choices they had to make during this important part of growing up.

If you have not talked to your child about these important aspects, this resource is available free from the department’s online website.

*Ms Carr*
Woolworths Earn & Learn 2015

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you’d like to know more visit woolworths.com.au/earnandlearn

We look forward to your support 🙏

TERTIARY SCHOLARSHIPS

Four scholarships of $7,500 per year.
Applications close at 5pm on Sunday 8 November, 2015.

The Victorian dairy industry is an exciting industry with a multitude of career opportunities, employing approximately 50,000 people in diverse jobs ranging from engineering to international trade.

Gardiner Dairy Foundation is proud to offer tertiary scholarships to four individuals residing in Victorian dairy communities, commencing studies in 2016 to pursue a career that will either directly benefit the dairy industry and/or benefit small dairy communities.

Successful applicants will be:

• Pursuing a career that will either directly benefit the dairy industry and/or benefit small dairy communities
• Commencing their first year of full-time tertiary study in 2016 (University or TAFE)
• Required to move away from home to take up their chosen course
• Australian citizens


TERTIARY SCHOLARSHIPS

College Values: Be Respectful, Be Responsible, Be Resilient
Tatura Lawn Tennis Junior Registration Day

Are you interested in playing tennis? Tatura Lawn Tennis Club is a friendly, family orientated club with fantastic facilities that would love to welcome new members.

Come along and have a look!

We are taking Junior registrations for the upcoming season on **Tuesday 1st September 4.30 - 6.00pm** at the club-house. If you are interested in playing in the 2015/2016 Saturday morning Junior Competition, it’s important you come along to register your details. Payment for tennis fees will be also be required on the day. If you are unable to attend please contact Kerry Morse before the 1st of September so we can organise teams.

It is expected the tennis season will start on Saturday 10th October.

**Junior competition fees are:**
- 1st child in the family $92 (including a $12 fee for ball money)
- 2nd child $82 (including a $12 fee for ball money)

Tatura Tennis Clubs coach David Starling offers group and individual coaching. For more information you can contact David on 0427004457.

If you are interested in playing in the Saturday afternoon competition contact Sharon Clement on 0408588844

For further enquiries please contact Kerry Morse 0418357715

*College Values: Be Respectful, Be Responsible, Be Resilient*
Proudly supporting Rushworth P-12 College

We’re supporting you and your community

Call in and see us at 23 High Street, Rushworth or phone 5856 2122.

Don’t forget…. you can keep in touch with the College regularly via the following Social Media sources.

Don’t forget….

you can keep in touch with the College regularly via the following Social Media sources.

CWA Creative Arts Exhibition

Sunday August 30th, 2015

at Victory Hall, Hogan Street, Tatura

10am to 3.30pm.

Admission is $5.00 and there is also a light lunch and afternoon tea available.

Exhibits on display will be knitting, crochet, needlework, photography, cookery, horticultural and flowers. Also there will be the work of junior members.

EVERYBODY WELCOME!

Little Readers Club

Running on Mondays 3.30pm - 4.30pm, Thursdays 3.30 - 5.00pm.

All student in the community from Prep to Grade 6 are welcome. Books will be provided, or you can bring your own. Some snacks provided.

Starting on the 17th August for the next 7 weeks. (excluding holidays).

This is a Community Service Project of La Trobe University, Education student Kaylee Andrews - if you have any queries please direct them to Kaylee on 0407320140

Rushworth P-12 College are proud to be supporting Kaylee with Reading Club.

I am SUPER EXCITED to announce that I will be starting Family Day Care in Rushworth with Greater Shepparton Family Day Care. I will be available 5 days a week for under school and school age children beginning late August 2015.

If you are interested in care or know of anyone who is, please call the office on 5822 1373 or myself Renea Cruz on 0424 245 442

Information packs will be available upon enrolment.

Disclaimer: The Department of Education & Training, and Rushworth P-12 College do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department or College for the accuracy of information contained in advertisements.